

KYOKUSHIN KARATE

Tree Of Life Yoga and
Wellness Center

102-06 Metropolitan Ave. Forest
Hills, NY 11375

CHILDREN and ADULT
CLASSES

917 474-5130

- Accredited instructor
- Self Defense
- Improved self discipline, fitness and health
- Positive self image
- Greater confidence and Increased motivation
- Goal Achievement

Begin the New Year Training

\$100

Uniform

Sparring gear

2 Private lessons

