

# After School Yoga for Kids

at Genesis Tree of Life, 102-02/06  
Metropolitan Avenue, Forest Hills, NY  
11375,           Contact: 718-544-5997

**Becoming flexible**



**and strong**

**Improving concentration  
and creative thinking**



**Mondays**

**3:45 pm-4 to 6yrs;**

**5:00 pm-7to10yrs**

**Fridays at 4:30 pm**